



Program Outline	OPL U20 / OPL 3 Women's Program Details November 2026 to August 2027
2027 OPL U20 Ontario – Women's Program Player Fee	\$2500 if paid by E-Transfer for full season Fee includes Matchday Uniforms 3% service charge is added for Credit Card payments
MHUSC Programs	OPL Ontario – U20 Women's Program
Fee Instalment Structure	\$1500.00 upon registration 2 nd payment of \$500.00 due February 1 th , 2026 3 rd payment of \$500.00 due March 31 th , 2027
Registration Site	https://mhysc.powerupsports.com
Registration Unlock Code	Code provided after acceptance of offer
Refund Policy	Refund Policy
Time Period	Starts Nov 01, 2026 – Ends August 1, 2027
Age Groups	Open Age
Game Format	11v11 – Standings are kept plus play-offs
Training & Game Contacts:	Pre-season training during the Winter Period 2x per week training (Nov 1-March 31) 2-3x per week training during the Summer Period (Starts April 1 st , 2026) 1x Dedicated Goalkeeper Session per week
Training Length:	Outdoor Sessions: 90 Minutes per session Indoor Sessions: 90 Minutes per session
Team Structure	Dedicated OPL U20 Men's Roster Dedicated OPL U20 Women's Roster
Staffing Structure	OPL Ontario Women's U20 Head Coach (National Licensed Coach) 1-2x Technical Assistant 1x Team Manager
Uniforms – Kit Package	Kit Supplier - Adidas 1x Home Kit Red & 1x Away Kit White (Supplied by Club) Training Kit (Bought) - Budget for \$100
Pathway Opportunities	Student Athlete Pathway – NCAA, USport, CCAA
Facilities	Outdoor Fields (Turf Facilities) Indoor (Turf & Gym Facilities)
Staffing Structure	National Licensed Coaches Technical Staff Qualified Goalkeeper Coach Club Technical Leads
Competition:	OPL U20 Women's Summer Season – 14 Games plus play – offs Showcase Opportunities (extra costs)
Insurance	Insured under Ontario Soccer
Protocols	Canada Soccer National Club Licensing Player Code of Conduct Coach Code of Conduct Parent Code of Conduct Compliance with OPDL Operational Rules Safe Sport Training & Education Hamilton United Code of Conducts/Policies
Additional Items	Game Analysis Periodization Models Player Assessment for HU OPL Programs
Primary Match/Training Venues	Redeemer University (Outdoor Turf – Indoor Dome) Sir Henry Newman Turf St Thomas More Turf St Jean de Brebeuf Bishop Tonnos Turf Grass pitches (ex. Heritage Green)
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Mount Hamilton United Soccer Club

2026-2027 Ontario Premier League (OPL) U20 / OPL3 Women's

To complete the MHUSC OPL U20 Women's Winter - Summer Registration Process, you will need to follow these steps:

1. Go to HU Power Up Registry Website Portal <https://mhysc.powerupsports.com/index.php?page=LOGIN>
2. Sign into your Power Up Account or Create a new account for first time users
3. Add a player to the Registry system if they are not already inputted into the portal (Click on Profile – Then select add a player)
 - a. This step is not needed for returning HU players
 - b. Select: **2027 OPL U20 Women's Ontario Program**
4. Click on the players name and select the appropriate Program Offering
5. Enter this Unlock Code (Case Sensitive): **Code provided after acceptance of offer**
6. Then click on Add to Basket
7. Then click on Check Out
8. Complete the Payment Method Information
9. Registration Process is completed and plus a receipt of payment will be sent to you